Welcome to Canmore After School!

Our goal with this directory is to provide a listing of activities available for children and youth during the critical hours of 3-6pm, Mon-Fri, and/or early dismissal Fridays.

Please note that not all of the activities listed are Town of Canmore programs or services. The Canmore After School Directory is being provided as a public service. This service should not be seen as an endorsement nor should the lack of a listing be seen as a non-endorsement.

It is up to interested individuals to contact the business or organization for further details and to determine if their service is suitable for you and your child(ren).

Do you offer programs or services for children and youth during afterschool hours between 3-6pm and/or early dismissal Fridays? If so, we want to hear from you so we can add you to the directory.

To be included in this important resource, please e-mail your information to mszamosfalvi@canmore.ca. For a listing, we require a contact name, business or organization name (if applicable), phone number, e-mail, and a web-site link (if available), the service or program provided and the target age.

CHILD CARE:

Bow Valley Before and After School Care Program
Operated by the Canmore Community Day Care Society
Located at Elizabeth Rummel School
ccdcsadm@telus.net
(403) 678-5762

This program runs Monday-Friday 3pm-6pm and 12pm-6pm on early dismissal Fridays. Winter, spring, and summer programs are also available. The program is closed on all statutory holidays. This is an inclusive program accommodating children aged 6-12. Offering a child directed, play based program which includes, but is not limited to, group gym activities, arts, science, literacy, board games and drama. Program includes a daily nutritious snack, and all staff are qualified and First Aid certified.

ENVOL (Francophone After-School Care Program)
(Governed by the Parents' Society for Francophone Education in Canmore)
Located at Ecole Notre-Dame des Monts (NDM)
infoenvol@spefcanmore.com
(403) 678-0082

Ce service de garde francophone en milieu scolaire est un nouveau programme régi par le SPEF de Canmore pour les élèves de la maternelle à la 6ème année fréquentant l'école Notre-Dame des Monts (NDM) et les élèves de la 1ère à la 6ème année fréquentant un programme d'immersion francophone et sont en mesure de communiquer de manière adéquate en français. Ce programme a une philosophie unique: en plus de l'aide aux devoirs, le programme met en œuvre des méthodes pédagogiques qui reflètent les valeurs familiales si importantes pour le développement des enfants, ainsi que la découverte et l'ouverture sur le monde. Les heures d'opération sont du lundi au jeudi : 15h15 à 17h30, vendredi: 14h06 à 17h30 et les journées pédagogiques de l'école NDM : 8h à 17h30. Il est possible aux parents de recevoir des subventions pour leurs enfants.

The SPEF de Canmore operates a francophone after-school care program for children K-6 attending Ecole Notre-Dame des Monts and children grade 1-6 who are currently enrolled in the French Immersion Program and able to communicate adequately in French. In addition to homework assistance, the program implements educational methods reflecting family values, discovery, and cultural exploration. Hours of operation are Mon-Thurs 3:15-5:30pm, Fri 2:06pm-5:30pm, and NDM PD Days 8am-5:30pm. Child care subsidies available.

SCHOOL-BASED:

Canmore Collegiate High School
Canoe Building Program
hholthuis@crps.ab.ca
(403) 678-6192

This program is open to grade 9-12 students and runs during the week from 3:20pm-4:45pm. Students interested in learning new skills and in building things are welcome. No previous wood shop skills are necessary, just a desire to make something beautiful!

SPORT:

Bow Valley Rip Tides Swim Club
Located at the Canmore Recreation Centre
bowvalleyriptides@gmail.com
www.swimcanmore.ca or bowvalleyriptides.com
(403) 707-8156

The Rip Tides Swim Club offers a swim training program for children and youth 5 years and up. Weekday programs run from 3:30-6:30pm depending on the program and group.

Canmore Illusions Gymnastics Club
Located at the Canmore Recreation Centre
canmoregymnastics@hotmail.com
(403) 678-4466

The Canmore Illusions Gymnastics Club exists to promote the sport of gymnastics and a lifelong love of sport and fitness. The club operates a competitive and recreational gymnastics program during afterschool hours. Please contact the club directly for recreation program information and times.

Canmore Peaks Junior Basketball and Volleyball Program
(403) 678-3788

This program is open to boys and girls in grades 1-6. Participants are introduced to these sports in a child centered and safe environment. Smaller courts, lower nets, and child sized equipment is utilized.

Canmore Skating Club
Located at the Canmore Recreation Centre
poweredgepowerskating@telus.net
www.canmoreskatingclub.com
(403) 678-7419

The Canmore Skating Club introduces skating basics through the Canskate Program, and provides figure skating at varying levels through Junior Gliders, Preliminary, Junior, Intermediate, and Senior Programs. Programs are available to children and youth 4 years of age and up.

Evolve Ski and Snowboard Cross Club and Banff Mount Norquay
valleytomountain@evolvessx.com
www.evolvessx.com or www.banffnorquay.com

This is a PD Day after school ski and snowboard program for children and youth 8-18 years of age. Learn to ride, improve your ride, and learn to instruct programs available.

Rundle Mountain Cycling Club
lauren_lan@yahoo.ca
www.rundlemountaincycling.com

The RMCC offers an instructional mountain biking "Youth Spring Revolution" program starting the first week of May, for six weeks, for kids aged 5-16 years.

the Vision Climbing Gym
Programs operated by Canmore Vision Jr. Climbing Team Society
#109, 109 Boulder Crescent
info@thevision.com
www.thevsion.com
(403) 678-8803

The Vision Climbing gym is the only indoor climbing facility in Canmore. The gym offers a recreational program that is open to all skill levels, a competitive team program, and a Friday early dismissal drop-in from 1-4pm.

RECREATION:

Big Fun Day Camp Program
Operated by the Town of Canmore
Located at the Canmore Recreation Centre and various community locations/businesses
mguay@canmore.ca / mszamosfalvi@canmore.ca
(403) 678-0808 ext. 333 / (403) 678-0808 ext. 334
www.canmore.ca (On-line Registration is Available)

This recreation-based program is available during winter, spring and summer break (as per the Canadian Rockies School Division Calendar). Camps are not programmed on statutory holidays. Registration is open to children and youth 4-15 years of age. Carefully planned itineraries provide meaningful activities that take into consideration Canmore and local resources. Staff has graduated from, or currently enrolled in, a post-secondary program in the field of education, outdoor pursuits, or recreation. All staff has current First Aid certification and is required to complete a clear RCMP Security Clearance.

Canmore Outdoor Skating
www.canmore.ca

Rundle Crescent Ice Surface (Municipal Reserve off of Rundle Crescent)
This ice surface is appropriate for toddlers and young children. No sticks or pucks allowed.

Peaks Park Ice Surface (Municipal Reserve off of Lawrence Grassi Ridge & Wilson Way)
This ice surface is appropriate for toddlers and young children. No sticks and pucks allowed.

Cougar Creek Rink (corner of Elk Run Blvd & Canyon Road)
This rink is appropriate for all age groups allowing sticks and pucks. Lights for night use are on until 10pm.

Canmore Day Care Rink (adjacent to the Canmore Community day care 1200 17th Street)
This rink is appropriate for all age groups allowing sticks and pucks. Lights for night use are on until 10pm.

The Pond (7th Avenue at Mallard Alley)
The pond is appropriate for all age groups and is ideal for families. No sticks or pucks are allowed. Lights for night use are on until 10pm.

Canmore Mountain Bike Skills Parks
5th Avenue and 1st Street (next to Millennium Park Sport Field)
Benchlands Trail (base of the hill just to the east of the Trans Canada Hwy overpass)
www.canmore.ca

Free to access, there are two mountain bike skills parks in Canmore designed for riders of all abilities with particular focus on young riders interested in developing their skills. Additional park riding is also available at the challenging Canmore Nordic Centre Skills Park. Please note that the parks are unsupervised and those who ride them do so at their own risk. Park riders should wear a helmet and additional protective gear.

Canmore Recreation Centre
1900 8th Avenue
(403) 678-0808 ext. 321 (Front Desk)
(403) 678-1537 (Pool, Arena, and Program Registration)
www.canmore.ca

As the hub of indoor recreational opportunities in Canmore, the Recreation Centre offers a variety of sport and leisure opportunities for all ages. During early dismissal Fridays, the Canmore Recreation Centre arena schedules public skating for children and youth 6-17 years of age for $3 drop-in. CSA International certified helmets are required to be worn by all skaters 12 years and under, and highly recommended for all other skaters. The pool schedules public swim from 1-:3:30pm every Friday. Public skate and swim times are available to view on the Town of Canmore web-site.

The **Cascade Fitness Room** is located at the Canmore Recreation Centre. Drop-in, 10 punch, 1 month, 3 month, and 1 year memberships are available for youth 16 years and older. A parent or guardian must sign a waiver for youth 18 years and under prior to use.

Canmore Skateboard Park
Located at the Canmore Recreation Centre
www.canmore.ca

Free to access, the Canmore Skateboard Park is designed for boarders of all abilities focusing on young boarders developing skills while having fun. The park is open in the spring, summer, and fall. Please note the skateboard park is unsupervised, ride at your own risk. Boarders should wear a helmet and additional protective gear.

Get Out Program – Banff – "Get out and check it out, don't be left out."

- Youth drop in sports nights - Grades 7-9 welcome to attend
- Friday nights from 7-10 pm at Banff Community High School
- Free Food & Great Prizes
- Programs runs Oct. 7 – Dec. 16

ARTS & CULTURE:

Music Magic
#105-201 Benchlands Trail (next to the Iron Goat)
info@musicmagic.ca
www.musicmagic.ca
(403) 678-9422

Music Magic programs are designed for children and youth to explore music and its benefits in a fun and engaging atmosphere. In addition to a variety of music instruction, Music Magic offers a Canmore Children's Choir for children 5-11 years, and youth 12-17 years. Sessions are scheduled on early dismissal Fridays. Girls and boys are welcome.

The Purple Tree Arts Collective
709 Main Street (above Avens Gallery)
www.thepurpletree.ca
(403) 609-4078

The Purple Tree Arts Collective strives to create and celebrate art for community good, while helping to build skills for healthy living. Programs are available for children and youth.

LITERACY:

Canmore Public Library
950 – 8th Avenue
www.canmorelibrary.ab.ca
jklaponski@canmorelibrary.ab.ca
(403) 678-2468

The Canmore Public Library is open Mon-Sun 11am-8pm (closed on Statutory holidays). The library offers a variety of books, resources, and programming for children and youth.